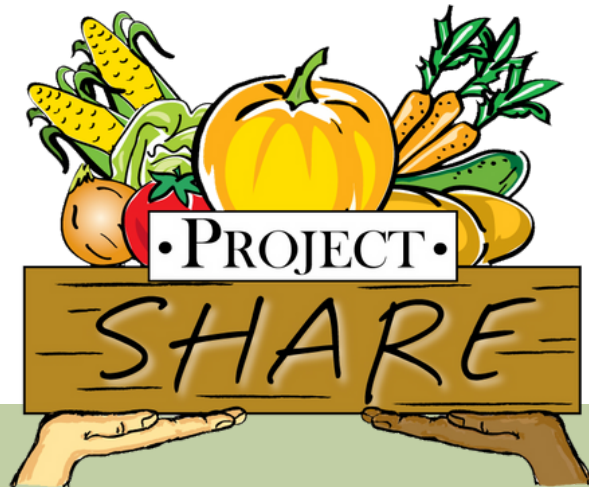


“Nourishing Our Community...Awakening Hope”

2023

IMPACT REPORT



Project SHARE Team

Emma Witwer, Executive Director & Nutrition Coordinator
Asani Mukusa, Food Pantry Operations Manager
Lisa Maddux, Development Director
Joe Kloza, Communications Coordinator
Darrell Beam, Warehouse & Logistics Coordinator
Deb Brownawell, Front Office Coordinator
Jacob Sultanik, Farmstand Coordinator
Meagan Smith, Volunteer Coordinator
Natasha Thumma, Client Services Coordinator
Vivian Shenk, Bookkeeper

Project SHARE Board of Directors

Nicole Deary, Chair
James Markley, Vice-Chair
Lisa Thomas, Past-Chair
Erin Wilfong, Secretary
Shawn Bernheisel, Treasurer
Isaac Loop
Brian Gochenour
Megan McAvoy
Madelyn Snyder
Mikayla Snyder
Breanna Frampton
Teresa Festivo
Jan Ewing
Caitlin Godsey, non-voting member
Gary Grant, non-voting member
Shannon Haines, non-voting member



A Year In Review

2023 was a year of transition and change for Project SHARE. The team navigated an increasing demand for the pantry, resulting in adjusting pantry hours and distribution methods accordingly, while also navigating leadership transitions. With continual drive and passion, the team stayed true to our vision to “Nourish Our Community...and Awaken Hope” to our neighbors in need experiencing food insecurity.

Project SHARE can only do our work with the tremendous generosity of our community, volunteers and supporters.

This impact report is for you--thank you for all that you make possible!

Emma Witwer
Executive Director

MISSION

To reduce food insecurity in the greater Carlisle area by offering access to nutritious food, programs & a support network that promotes self sufficiency, fosters dignity & instills hope

VISION

Nourishing Our Community...Awakening Hope

By the Numbers



56%

More families served at Distribution compared to last year. On average, **600 families were served monthly.** **1,366 families** were served in total.



36%

More families served at Farmstand compared to last year. On average, **434 families served weekly.** In total, **1,912 families** were served throughout the year.



33%

More kids served during Summer Feeding 4 Kids program compared to last year. On average, **570 kids served weekly.**



461

new families who had never previously used Project SHARE services began using Distribution.



647,689
lbs

of fresh fruits, vegetables, bread, milk and eggs were given away at Project SHARE's weekly Farmstand distributions throughout the year.



78%

of the food given away during Distribution ranked as healthy according to SWAP (Supporting Wellness At Pantries), a nutrition ranking system that considers added sugar, saturated fat and sodium contents of foods.

“You don’t just give out food. You give out hope.”

Mom of 3 kids, at the end of the Summer Feeding 4 Kids Program



PROGRAMS & SERVICES

HIGHLIGHTS

Distribution: Your Choice & Drive Thru

For the first time in Project SHARE history, pantry hours were made available weekly, as compared to monthly in years past--increasing access and reducing barriers to neighbors in need.



Farmstand

In September, Farmstand re-opened inside for the first time since COVID in response to client feedback and to better serve the ALICE population. **We strive to elevate client voice and respond accordingly.**



Summer Feeding 4 Kids

The **busiest summer on record**, serving 79,500 meals to our community's children-- 20,000 meals more than last summer.



Weekend Nutrition Power Packs

8048 backpacks filled with **nutritious food** helped curb **hunger** for students on the weekends.



“I was devastated when I lost my job. I would not have eaten without Project SHARE”

Project SHARE client at Distribution

“Because of Project SHARE, I can afford my monthly prescriptions”

Project SHARE client at Distribution

SHARE Box Program

In partnership with other non-profits, 111 families received **healthy meal kits to help on their journey toward self-sufficiency.**



Cooking Classes

A brand new family cooking class was added to Project SHARE's roster of classes. **Kids, adults and families found community and joy in cooking together this year.**

HOME DELIVERY

Each month, **40 medically homebound individuals** received groceries delivered straight to their front door by teams of dedicated volunteers, ensuring they had the nutritious food they needed.



CLEANING

Between June and October, teams of volunteers picked **33, 224 lbs of fresh produce** from local farms and orchards to give away to our community.



SURVEY RESULTS

In October, Project SHARE surveyed clients to gain feedback about their experience using Project SHARE. In total, 113 families responded. Here are highlights of what we learned.

86%

of families who responded to the survey said they always (40%) and usually (46%) get the variety and types of food that they need from Project SHARE.

Many families shared that **because of the food they receive at Project SHARE, they do not have to limit or skip meals.**

86%

of families who responded to the survey said that less than 10% of food received at Project SHARE is food they are unable to use, with 49% saying **they are able to use everything.**

91%

of families surveyed shared that Project SHARE staff and volunteers were **welcoming and friendly** at food pick ups.

Clients shared that beyond food assistance, Project SHARE also **helped connect them with other social services** like:

- Heating & Fuel Assistance
- Medical Help
- Blood Pressure Screenings
- Housing
- Job Readiness Programs
- Other community resources, like the library

“I would never be as healthy as I am today thanks to nutritious options I’ve learned more about because of Project SHARE”

Project SHARE client at Distribution

“[Project SHARE staff and volunteers] are always kind and cheerful. That’s a real plus because it is humbling to have to use these services.”

Caregiver at Summer Feeding 4 Kids

We could not do our work without the faithful support of our volunteers!



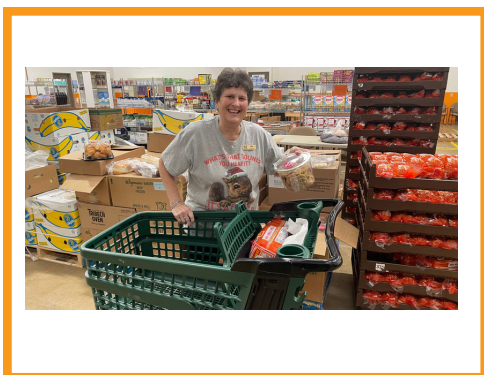
total Volunteers donated their time in 2023



volunteers, on average, helped monthly



total hours that Volunteers helped Project SHARE in 2023



“Nourishing Our Community...Awakening Hope”

THANK YOU!

